

St. Patrick Parish
Lawrence, MA
Religious Education Program 2020-2021

The Creed

Family Activities for the Week

1. Place this page in a visible place. For instance, your refrigerator, the door at the entrance of your child/children's room, or the living room.
2. Do these activities at least once this week and do them as a family: adults and children together.
3. Say together the following prayers at least once a day: 1) Our Father, 2) Hail Mary, 3) Glory Be
Advice: Say these prayers together at the same time of the day every day. Many families say them together before going to bed. Try it!

1. Receiving the Creed, Our Symbol of Faith :

Print (if possible) the second page of this handout, which contains the Nicene Creed. Place it in a visible place where the family can meet together. If you cannot print it, then display it on your computer, phone or tablet.

- Gather as a family together at some point during the week
- Together read the Creed slowly
- One member of the family hands on the Creed to another member (e.g., hand on the page or the device where the Creed is displayed):

Person handing on the Creed says: This is our faith, this is the faith of the Church

Person receiving the Creed says: Amen!

Do this until all the members of the family have received the Creed.

2. Profess your faith as a family once a day

Use this formula at least once a day with your children (e.g., before a meal, before the day starts or before going to bed). Choose a member of the family to be the leader.

Leader: Do you believe in God, the Father almighty, creator of heaven and earth?

All: I do.

Leader: Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

All: I do.

Leader: Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

All: I do.

3. Remember to go to Mass on Sunday (10:00 am in English or 11:30 am in Spanish)

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.