

**St. Patrick Parish
Lawrence, MA
Religious Education Program 2020-2021**

The Creed

Three key ideas for you and your children to remember this week:

1. Our Christian faith is summarized in a beautiful way in the Creed. If anyone asks, “what do Catholics believe?” all we have to do is recite the Creed! The Creed is an invitation to pray what we believe.
2. This is what our tradition calls the Nicene Creed, which is the formula of our faith that we recite more regularly during Sunday Mass:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

3. The Creed reminds us that we believe in God who is the Trinity: Father, Son and Holy Spirit.

For parents, guardians and other adults: If you want to learn more about the Creed and its meaning, see the *Catechism of the Catholic Church*, Ns. 185 to 197. Available online at https://www.vatican.va/archive/ENG0015/_P14.HTM.